

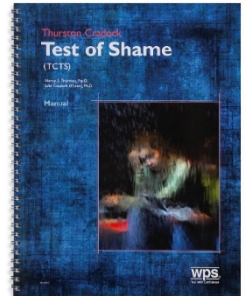
# Using the Thurston Cradock Test of Shame (TCTS) in Therapeutic Assessment: From Administration through Assessment Intervention Session

A 6-hour webinar on January 22 and 23, 2020, 9am-12noon MST

Presented by Julie Cradock O'Leary, Ph.D.

## Training overview

Shame is a profound sense of inadequacy, a feeling that your core self is fundamentally flawed. It is a complex dynamic that underlies many symptoms and problems in living. Many of our clients struggle with shame, and we may not even know it. The Thurston Cradock Test of Shame (TCTS), a performance-based measure rooted in shame theory and designed to access the multidimensional internal and interpersonal aspects shame, has been increasingly used in Therapeutic Assessment to better understand and help clients.



This webinar will use actual TCTS protocols to provide a brief primer on shame, and to illustrate subtle expressions of shame, shame dynamics, defenses used to protect oneself from shame, styles of coping with shame, and varying abilities to manage it. Attendees will learn how to administer, score and interpret TCTS protocols, and how to use the TCTS in clinical interventions.

## Learning objectives

At the end of this webinar, participants will be able to:

- Assess when a formal evaluation of shame is clinically appropriate
- Explain how the TCTS fits within the model of Therapeutic Assessment
- Administer, score and interpret a client's TCTS protocol
- Identify at least 3 ways that the TCTS can be used in Assessment Intervention Sessions and in post-assessment therapy

## Friday schedule

9:00-9:45 Shame theory and the TCTS  
9:45-10:00 How the TCTS fits within TA  
10:00-10:15 Break  
10:15-10:30 TCTS administration  
10:30-10:50 Small group practice  
10:50-11:00 Q&A on administration  
11:00-12:00 TCTS scoring

[homework – score at TCTS protocol]

## Saturday schedule

9:00-9:15 Large group scoring review  
9:15-9:45 TCTS interpretation  
9:45-10:15 Small group interpretation exercise  
10:15-10:30 Break  
10:30-11:00 Large group interpretation review  
11:00-11:30 Extended Inquiry and Assessment Interventions Sessions with the TCTS  
11:30-11:45 Using the TCTS with children, adolescents, families, and couples  
11:45-12:00 Q&A

## About the presenter

Julie Cradock O’Leary, Ph.D. is a Licensed Clinical Psychologist in private practice in Anchorage, Alaska. She provides therapy and psychological assessments to children, adolescents and adults. Julie utilizes a psychodynamic approach, influenced by self psychology.



Julie is co-author of the Thurston Cradock Test of Shame (TCTS), which was published by Western Psychological Services in 2009. Julie has studied shame for over 25 years, and still enjoys discovering the intricacies of how shame is at work in individuals and systems in cultures around the world. She regularly presents on shame and the TCTS at professional conferences, as well as clinical and academic settings in the United States and abroad. She conducts research with the TCTS, and especially enjoys working with graduate students completing dissertations or simply seeking research experience. Julie has coauthored two TCTS case studies currently in press at *Rorschachiana*. She provides in-person and tele-consultation for professionals seeking to better understand shame dynamics in their clients. Additionally, Julie provides TCTS scoring and interpretation services.

Julie is a member of the American Psychological Association, International Society for the Rorschach and Projective Methods, Society for Personality Assessment, and Therapeutic Assessment Institute. She is a reviewer for several journals, including the *Journal of Personality Assessment* and *Rorschachiana*.

### Registration

Please register online at <https://tinyurl.com/y4ej56bd>

|                                  |       |
|----------------------------------|-------|
| Professionals                    | \$180 |
| TAI professional members         | \$160 |
| Students                         | \$ 80 |
| TAI student members              | \$ 70 |
| Continuing education certificate | \$ 15 |

### Continuing Education

This webinar qualifies for 6 hours of Type 1 CE credits for psychologists. The Society for Personality Assessment is approved by the American Psychological Association to sponsor continuing education for psychologists. SPA maintains responsibility for this program and its content. Attendance will be visually verified by the presenter.

**BONUS!**

**After registering for this webinar, participants will receive a discount code for 10% off the TCTS & any other WPS products, plus free shipping within the United States.**

The TCTS manual is not required for this webinar, but it would enhance the learning experience. Individuals without the manual will be placed in small groups with attendees who do have it.

**Thank you to the sponsors of this webinar**



Therapeutic  
Assessment  
Institute

**SPA**

Society for Personality Assessment  
since 1938