

**Metis Center for Psychological Services**  
in association with

The Therapeutic Assessment Institute

*is pleased to offer:*

**Introduction to Therapeutic Assessment:  
*Using Psychological Testing as Brief Psychotherapy***

*Presented by*  
**Hale Martin, PhD.**

*October 4 and 5, 2019*

*Boulder, CO*

**Workshop Overview**

This workshop presents a new paradigm for psychological assessment that offers a powerful therapeutic intervention for individuals, children/adolescents, and even couples. Moving beyond the traditional view of assessment as an information gathering tool, Stephen Finn and colleagues have developed and researched Therapeutic Assessment, a collaborative effort between client and assessor with the goal of promoting therapeutic change.

In this introductory workshop, Dr. Martin will provide an introduction to Therapeutic Assessment, including the foundation upon which it is established, the empirical evidence supporting its efficacy, and its current semi-structured nature. In addition to the presentation of didactic material and discussion, Dr. Martin will show video vignettes from his sessions with a client to demonstrate the power and impact of this model. The workshop assumes some familiarity with standard psychological assessment instruments such as the MMPI-2, the Rorschach, and the TAT and is the introductory step toward advanced training in and practice of Therapeutic Assessment.

**Presenter**

**Hale Martin, Ph.D.**, is Clinical professor at the University of Denver and a member of the Board of Directors of the Therapeutic Assessment Institute. He is certified in Therapeutic

Assessment (TA) with adults and has taught TA at the Graduate School of Professional Psychology for the past 18 years. He also practices TA in private practice and is a fellow of the Society for Personality of Assessment. Dr. Martin writes about (see references below) and speaks internationally about TA. He is an annual visiting professor at the University of Bergamo in Italy where he teaches TA. Dr. Martin received his PhD in clinical psychology in 1993 from the University of Texas at Austin and subsequently practiced with Dr. Finn in the early years of development of TA.

Martin, E. H. (in press). Psychological Assessment as Treatment. In Martin Selbom and Julie Suhr (Eds.) *Cambridge Handbook of Clinical Assessment and Diagnosis*. Oxford University Press.

Martin, H. (2018). Collaborative Therapeutic Assessment and diversity: The complexity of being human. In Radhika Krishnamurthy and Steve Smith (Eds). *Diversity Sensitive Psychological Assessment Book*. (pp. 278-293). Cambridge University Press.

## **Objectives**

At the end of the workshop, participants will:

- Understand a model that uses psychological assessment as a therapeutic intervention as well as an information gathering tool
- Understand the active therapeutic factors in psychological assessment and how to maximize them
- Understand the goals of an initial session in therapeutic assessment
- Know how test instruments can be used to demonstrate assessment findings to clients
- Understand how test feedback sessions can positively impact clients
- Learn about a style of psychological report that can be shared with clients

## **Workshop Schedule**

Day 1

Development of Therapeutic Assessment  
Elements of TA  
Evidence for TA  
Initial Session  
Extended Inquiry  
Assessment Intervention Sessions

Day 2

Assessment Intervention Sessions  
Summary/Discussion Sessions  
Written Feedback to Clients  
Follow up sessions  
Adaptions to child assessment: Changing the family story  
Adaptions to adolescents; Adaptations to couples  
Recent developments: Diversity, Epistemic Trust

## **Continuing Education**

For a \$15 additional charge, the Society for Personality Assessment will provide 14 hours of APA approved Continuing Education credit/certificate for completion of this workshop.

## **Special Accommodations**

The venue is compliant with the American with Disabilities Act. Please feel free to notify the committee if any additional accommodations are needed.

## **Registration**

To register, please visit the registration website at <https://230607328.planningpod.com/>

### **REGISTRATION FEE:**

Early registration (Until 06/30/2019)

\$350

\*\*discounts available for members and students

Regular Registration (06/30/2019 to 08/31/2019)

\$400

\*\*discounts available for members and students

Late Registration (09/01/2019 to 10/04/2019)

\$450

\*\*discounts available for members and students

\*\* Include an extra \$15 if you wish to receive APA approved CE credit/certificate.

**Cancellation policy:** Refunds may be issued for cancellations received prior to September 6th, 2019. Processing fees of \$50 will be charged for cancellations. No refunds will be issued after September 6th, 2019.

## **Location**

The workshop will be held at the Hampton Inn & Suites – Boulder North. This is located approximately 40 miles from Denver International Airport and provides easy access to the many recreational options in Boulder.

## **Parking**

Free parking is available on site.

**Therapeutic Assessment Institute**